

# BORN TO TRIUMPH

THE MIRACLE OF TRANSFORMATION  
OF MY LIFE IN **72 HOURS**

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## Introduction

Here are the secrets of how to begin a life of peace, firmness and power. Everything is prepared for you in a way that every confession will minister to you in a supernatural form in favor of your life.

Each confession of faith is like steps on a ladder that the Eternal creator prepared for you beforehand. Pain, anguish, desperation that you have lived, crisis within your family, economic battles and sickness will be broken, when you practice the declaration by faith that are written in this book "I was born to triumph, my transformation in 72 hours".

We are going to follow this order in this divine guide:

1. Never leave your house without saying "Today is a new day" this will allow that everything you learn during the day will be a success.
2. Never go to bed without repeating the prayer sweet rest and the text of protection and divine connection, these passages will allow you sweet dreams.
3. You will not stop declaring the path of God's justices because this will allow you to control every situation, whatever comes your way.
4. You will never stop declaring the word of faith in the afternoon "Today is a perfect day" because this will allow you to cultivate the day.

5. You will never stop declaring the word of foundation at 3pm because this will free you from terror and will bring words of wisdom that resolve any circumstances.
6. You will never stop declaring "words of firmness on my journey" at 6pm because it will make you strong and will assure all the things God has for you.
7. You will never stop activating words that are seeds for strength, "I believe and will prosper in God". In doing this the people that you love will be helped and will see in you the light of God.

Before you go to bed you will pray the prayer that will activate sweet rest, and wake up the next day following the other chains of prayer by faith "I Was Born to Triumph".

*"Put your heart right, Job. Reach for God. Put away evil and wrong from your home. Then face the world again, firm and courageous. Then all your troubles will fade from your memory, like floods that are past and remembered no more. Your life will be brighter than sunshine at noon, and life's darkest hours will shine like the dawn. You will live secure and full of hope; God will protect you and give you rest. You won't be afraid of your enemies; many people will ask you for help. But the wicked will look around in despair and find that there is no way to escape. Their one hope is that death will come."* **Job 11:13-20**

## **My Sweet Rest**

**Because of Jesus Christ's death on the cross I am I new person.**

*"There was nothing attractive about him, nothing to cause us to take a second look. He was looked down on and passed over, a man who suffered, who knew pain firsthand. One look at him and people turned away. We looked down on him, thought he was scum. But the fact is, it was our pains he carried - our disfigurements, all the things wrong with us. We thought he brought it on himself, that God was punishing him for his own failures. But it was our sins that did that to him, that ripped and tore and crushed him-our sins!" **Isaiah 53:3-4***

## **My first night**

Entering my sweet rest.

This is my guide of prayer before i go to sleep:

**Because of Jesus Christ I am saved and free of evil doings**

God Almighty, today I am determined to follow you forever, because I want a total change in my life. I declare this in the name of our Lord Jesus Christ. Blessed be your name eternal father, I thank you. Now my soul will not perish in hell nor will I live in fear and terror. Today for me everything will have a new

beginning. Gracious father, I thank you for saving me and liberating my soul from the condemnation. I declare with all of my heart that Jesus Christ is my savior. Lord Jesus, the nails in your feet produce in me freedom to progress and possess everything that you have in store for me. The spear that went through your ribs frees me from pain. The crown of thorns brings me financial freedom. And by your strips I am healed. For your sacrifice, I thank you eternal father. Thank you for the gift of salvation. I know that I am a new creation and I was born to triumph.

Evil, torment, sin, obsessions and anxiety, are no longer part of my life, never again will I live in sadness and in pain. I am a new creation because of your love, gracious father. Today I am saved and free of all curses. In Christ I have the assurance that I was born to triumph.

Today everything will start new for me. I will see supernatural miracles in myself and in my family. My environment is transformed because of your love. I know that your precious holy spirit is with me. I am a new life and I was born to triumph.

Never again will I return to sin, nor the world, nor evil. I am a new creation in Jesus Christ; my past is now behind me. Now I am traveling on a new path that you shine upon with love.

I believe in your word with all of my heart because I know I was born to triumph.

Now when my physical body needs to rest I declare:

1. I will rest with the company of angels from God and I will have sweet dreams.
2. All of my emotions will be subjected to rest; I declare that because of Jesus Christ I will have sweet rest.
3. I will not be afraid of the terror of the night because I am a temple of the Holy Spirit and that guaranties me total protection and I know that my dreams will be sweet.
4. God has complete control in my life and the life of my family, evil has no power over me, I will sleep with the covers of the Most High. I know that my dreams with be sweet.
5. I will rest without fear because I have placed all my faith in God. I hand over to God every detail and situation. I know that I will have sweet dreams.
6. My room is totally protected by God; I know that His angels are with me that's how I know I will have sweet dreams. \*

Repeat these passages three times before going to bed

*"You Lord give me perfect peace to those who keep their purpose firm and put their trust in you. Trust in the Lord forever; he will always protect us." **Isaiah 26:3-4***

- *"The Lord is my Shepard I have everything I need. He lets me rest in fields of green pastures and leads me to quite pools of fresh water. He gives me new strength. He guides me in the right paths, as he has promised."*

***Psalms 23:1-3***

- *"When I lie down, I go to sleep in peace; you only O Lord keep me perfectly safe."* ***Psalms 4:8***

With this pray you will sleep in a special form and under the blessings of God. You may sleep in peace.

### **My First Day**

A new day dawns

**Today I walk in victory. Today I drank from the fountain of water that gives eternal life and strength.**

*"But those who drink the water that I will give them will never be thirsty again. The water that I will give them will become in them a spring which will provide them with life- giving water and give them eternal life."* **John 4:14**

**Decree 1:**

Days of anguish have ended. It is time to eat from the holiness of God in my life. *"The winter is over; the rains have stopped; in the country side the flowers are in bloom. This is the time for singing; the songs of doves are heard in the fields."* **Song of Songs 2:11-12**

**Decree 2:**

This day will be difficult for those do not accept you, but for me it shall be a day of light and hope. *"Arise, Jerusalem, and shine like the sun; the glory of the Lord is shining on you! Other nations will be covered by darkness, But on you the light of the Lord will shine; the brightness of his presence will be with you."*

**Isaiah 60:1-2**

**Prayer of Faith and Hope:**

Blessed and eternal heavenly father thank you for this new day, in which your hope, your light and your truth are with me. Eternal Lord I thank you for my life and for the blood that Jesus Christ poured on the cross for me. Thank you because I know you did this to save me. My eternal creator, I give you thanks because you are a merciful and good father. Today dawns a new day, filled with light, hope and peace. The heavens, are open over me because of your greatness. Disgrace and confusion are no longer apart of my life and my difficult days are now over. Today you are with me. Today I am radiant and lifted up because you have visited me. The splendor of



your new beginning will stay in my life forever. I am not afraid even though darkness covers those who doubt you. I know that the light of your grace is upon me and upon me your glory will be visible.

## **Meditation**

Day 1

Mid Day

My life is firm en Jesus my rock

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Give yourself to the Lord; trust in him, and he will help you."

Psalms 37:5

I believe what God says in Psalms 121: 2-5

"My help will come from the Lord, who made the heavens and

earth. He will not let you fall; your protector is always awake.

The protector of Israel never dozes or sleeps. The Lord will

guard you; he is by your side to protect you."

Declare: I am totally blessed by the power of the good hand of

God and I know that I will never fail because I was born to

triumph.

This scripture reveals God's justice. And He will always respond

to your prayers.

Meditation

Day 1

(3:00pm

t believe and will prosper in God

"He will cover you with His wings; you will be safe in His care;

his faithfulness will protect and defend you."

Psalms 9:41

Prayer:

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God, you are marvelous.

Thank you because you are my protector.

You fill my heart with assurance and security to know that you

cover me with your wings. When evil comes I decree with

confidence that your hands keep me safe and your shield will

protect me against my enemies.

This scripture is very powerful because it activates right now in

you: peace and security in God.

Meditation

Day 1

(16:00pm)

1 walk strong in your word

"Trust in the Lord and do good; live in the land and be safe"

1 Psalms 37:3

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Prayer:

Thank you Lord, because your good hands are protecting me in a powerful way and day after day everything will turn out good.

Make me strong God Almighty with your strength, with your

hand and with your power,

I believe in you and I believe in your love, I believe in your word

and I know I was born to triumph.

This word indicates that the confidence you have in God will

always take you on a path of good news.

My Second Night

Entering my sweet rest

"Whoever goes to the Lord for safety, whoever remains under

the protection of the Almighty, can say to him, "You are my

defender and protector. You are my God; in you I trust"

He will

keep you safe from all hidden dangers and from all deadly

diseases. He will cover you with His wings; you will be safe in His care; his faithfulness will protect you and defend you. You need not fear any dangers at night or sudden attacks during the day or the plagues that strike in the dark or the MI that kills in daylight. A thousand may fall dead beside you, but you will not be harmed. You will look and see how the wicked are punished. You have made the Lord your defender, the Most High your protector, and so no disaster will strike you, no violence will come near your home. God will put His angels in charge of you wherever you go."

Psalms 91:1-11

This Psalms will make sure you sleep without fear.

Prayer

God Almighty in the name of our Lord Jesus Christ 1 thank you

| for all you have done today. You have kept me safe from evil.

And .1 was able to move ahead and go forward because of your

great mercy. I know that every day I approach more and better opportunities for me and my family. Now that the time of rest has come, I am sure that I will have sweet dreams. I will sleep in peace with your shield and the presence of the angels in my room.

Declare:

1) I am not tormented by the terror of the night, because I am under the protection of the Most High.

2) I am not visited by witch crafted because I am under the protection of the Most High.

3) Today I will rest with the company of the angels of God and I will have sweet dreams.

4) All of emotions are subject to rest. I declare by Jesus Christ that I will have sweet dreams.

5) I will not fear the terror of the night because I am under the protection of the Most High and I know I will have sweet dreams.

6) God has all the control in my life and my family's life, evil does not have power over me, I will sleep with the protection of the Almighty. I know that I will have sweet dreams.

7) I will rest without fear because in God I have placed all of my confidence.

8) My room is totally protected by God; His angels are with me that's how I know I will have sweet dreams.

My Third Night

Entering my sweet rest

"You will do everything you have promise; Lord your love is

eternal. Complete the work that you have begun."

Psalms 138:8

Prayer:

God Almighty, with all of my heart I thank you because you

sustain me. I know you have a marvelous plan for my life

that will become in union with your perfect will.

I am firm in faith because of your word and by the blood that Jesus Christ shed on the cross of Mount Calvary. I

know that I am saved and my soul will not perish but have

ever lasting life. I am not of this world; I do not belong to evil. My life is written by the hand of God. What a miracle.

My God has liberated me from evil and I will not fall

because your grace, love and mercy, everyday allows me to

rest in peace. My family will see your glorious salvation.

Decree:

"I waited patiently for the Lord's help; then he listened to me

and heard my cry. He pulied me out of a dangerous pit,  
out of  
the deadly quicksand. He set me safely on a rock and  
made me  
secure: He taught me to sing a new song, a song of  
praise to  
our God. Many who see this will take warning and will  
put their  
trust in the Lord. Happy are those who trust the Lord,  
who do  
not trust the idols or joins those who worship false  
gods."

Psalms 40:1-4

I know that my life is destine to triumph. The path of my  
life is  
destine for success. The blessed word of God is very  
real to me.

I believe with all of my heart God's Holy scriptures.

Today every

promise of God will be completed in my life.

- On this day I will summit my life to your total coverage.
- On this day I will not fall in temptation because your  
good  
hand is over me.

- On this day everything that I learn will be prosperous  
because of your blessed name and good will.

- On this day I am anointed with fresh oil and by the  
unction  
of your glorious vine

- Everything that I learn today is protected by God.

- Because I know I was born to triumph

## Scripture of Miracles before My

### Rest

Jesus heals a roman Officer's servant

"As Jesus entered the village of Capernaum, a Roman captain came up in a panic and said 'master, my servant is

sick. He can't walk. He's in terrible pain. Jesus said 'I'll come

and heal him'. 'Oh no' said the captain. 'I don't want to put

you through all that trouble. Just give the order and my servant will be fine. I'm a man who gives orders and takes

orders. I tell one soldier 'go' and he goes; to the other 'come' and he comes; to my slave 'do this' and he does it".

Taken aback, Jesus said 'I've yet to come across this kind of

simple trust in Israel, the very people who are supposed to know all about God and how He works. This man is the vanguard of many outsiders who will soon be coming from

all directions—steaming in from the east, and pouring in from the west, sitting down at God's kingdom banquet along with Abraham, Isaac, and Jacob. Those who grew up

'in the faith' but had no faith will find themselves out in the



cold, outsiders to grace and wondering what happened." Then Jesus turned to the captain and said, 'Go. What you believed could happen has happened/' At that moment his servant became well."  
Matthew 8:5-13

Day 2

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"With our own ears we have heard it O God-our ancestors have told us about it, about the great things you did in their time in the days of long ago: how you yourself drove out the heathen and established your people in the land; how you punished the other nations and caused your own to prosper."

Psalms 44:1-2

Prayer:

My eternal God just like you helped your people, Israel, in the ancient days to conquer the land of Canaan. Please help me conquer every dream, every vision, every goal that you have placed in my heart. I believe each one of them will be completed. And I will stand firm in knowing that your

promises are pure. I know that I was born to triumph.

My Third Night

Entering my sweet rest

"You will do everything you have promise; Lord your love is

eternal. Complete the work that you have begun."

Psalms 138:8

Prayer:

God Almighty, with all of my heart I thank you because you

sustain me. I know you have a marvelous plan for my life

that will become in union with your perfect will.

I am firm in faith because of your word and by the blood that Jesus Christ shed on the cross of Mount Calvary. I know that I am saved and my soul will not perish but have

ever lasting life. I am not of this world; I do not belong to evil. My life is written by the hand of God. What a miracle.

My God has liberated me from evil and I will not fall because your grace, love and mercy, everyday allows me to

rest in peace. My family will see your glorious salvation.

I now have the answers to my petitions. His merciful hand covers me in a special way because I believe in His word

with all of my heart.

Today my life begins on a new level; His scriptures are

written in truth and light. I knew that His hand is over me because I was born to triumph.

Declare:

- 1) Evil does not have power over my life.
- 2) I believe that Jesus Christ is my only hope.
- 3) I know that everything God has said of me will be completed.
- 4) I accept God's redeemable plan for my life and for my family.
- 5) By the precious Lamb of God everything will be completed.
- 6) Liberation is true in my life.
- 7) Your peace covers me in a way that at every moment I trust in God and His word.

Jairus' Daughter and the Woman how touched Jesus' Cloak

"Jesus went back across to the other side of the lake.

There at

the lakeside a large crowd gathered around him. Jairus, an

official of the local synagogue, arrived, and when he saw Jesus,

he threw himself down at his feet and begged him earnestly,

"my little daughter is very sick. Please come and place your

hands on her, so that she will get well and live. Then Jesus

started off with him. So many people were going along with

Jesus that they were crowding him from every side.  
There was a

Scripture of Miracles before My  
Rest

Jesus heals a roman Officer's servant

"As Jesus entered the village of Capernaum, a Roman captain came up in a panic and said 'master, my servant is

sick. He can't walk. He's in terrible pain. Jesus said 'I'll come

and heal him'. 'Oh no' said the captain. 'I don't want to put

you through all that trouble. Just give the order and my servant will be fine. I'm a man who gives orders and takes

orders. I tell one soldier 'go' and he goes; to the other 'come' and he comes; to my slave 'do this' and he does it".

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simple trust in Israel, the very people who are suppose to know all about God and how He works. This man is the vanguard of many outsiders who will soon be coming from

all directions-steaming in from the east, and pouring in from the west, sitting down at God's kingdom banquet along said Abraham, Isaac, and Jacob. Those who grew up

'in the faith' but had no faith will find themselves out in the cold, outsiders to grace and wondering what happened." Then Jesus turned to the captain and said, 'Go. What you believed could happen has happened/' At that moment his servant became well."  
Matthew 8:5-13

woman who suffered terribly from severe bleeding for twelve years, even though she had been treated by many doctors. She has spent all her money, but instead of getting better she got worse all the time. She had heard about Jesus, so she came in the crowd behind him, 'If I just touch his clothes, I will be healed/' She touched his clothes, and her bleeding stopped at once; and she had the feeling inside herself that she was healed of her troubles. At once Jesus knew that power had gone out of him, so he turned around in the crowd and asked, 'who touched my clothes?' His disciples answered, 'you see how the people

are crowding you; why do you ask who touched you?"  
But Jesus  
kept looking around to see who had done it. The woman  
realized what had happen to her, so she came trembling  
with  
fear, knelt at His feet, and told him the whole truth. Jesus  
said  
to her 'my daughter your faith has made you well. Go in  
peace  
and be healed of your troubles/' While Jesus was saying  
this,  
some massagers came from Jairus' house and told him,  
'your  
daughter has died, why bother the teacher any longer?'  
Jesus pain no attention to what they said, but told him,  
"don't  
be afraid, only believe/ Then he did not let anyone else  
go with  
him expect Peter, James and his brother John. They  
arrived at  
Jairus' house, where Jesus saw the confusion and heard  
all th&amp;  
load crying and wailing. He went in and said to them,  
'why all  
this confusion? Why are you crying? The child is not  
dead- she is  
only sleeping!'  
They started making fun of him, so he put them all out,  
took the

child's father and mother and his three disciples, and  
went into  
the room where the child was laying. He took her by the  
hand  
and said to her, 'Talitha, koum,' which means, 'little girl, I  
tell  
you to get up!'

Meditation

Day 3

(3pm)

I Believe and Will Prosper in God

"Remember I will be with you and protect you wherever  
you go,  
and I will bring you back to this land. I will not leave you  
until I  
have done all that I promised/'

Genesis 25:15

Prayer:

I declare this word with complete confidence, faith and  
hope. God is with me and He will never abandon me.

God will

not leave me until He has completed every word that He  
has  
told me; I know I was born to Triumph.

Meditation

Day 3

(6pm)

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Confident in your Word

"They'll fight you but they won't even scratch you. I'll  
back you  
up every inch of the way"

Jeremiah 1:19

Prayer:

I know that this word is written by the hand of God for  
me. Nothing that crosses my path will defeat me. These  
secrets  
of success will protect my life in a special form. God  
goes  
before me and His angels accompany me because I  
know I w<sup>^</sup>  
born to triumph.

Meditation

This is what God Said 'before I shaped you in your  
mothers  
womb, I knew ail about you. Before you saw the light of  
day, I  
had holy plans for you: a prophet to the nations-that's  
what I  
had in mind for you/  
But I said 'Hold it, Master God! Look at me. I don't know  
anything. I'm only a boy!' God told me 'don't say, I'm  
only a  
boy. I'll tell you where to go and you'll go there. I'll tell  
you



what to say and you'll say it. Don't be afraid of a soul. I'll  
be  
right there looking after you.' God's decree.  
God reached out, touched my mouth and said, "Look  
I've just  
put my words in your mouth-hand delivered! See what  
I've  
'done? I've given you a job to do among nations and  
governments- a red letter day! Your job is to pull up and  
tear  
down, take apart and demolish, and then start over,  
building  
and planting.'  
God's message came to me: 'what do you see,  
Jeremiah?' I  
said, 'a walking stick-that's all.' And God said, 'Good  
eyes I I'm  
sticking with you. I'll make every word I give you come  
true."  
Jeremiah 1:5-12

Night Meditation

DAY 3

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Resting in His Word

"When I lie down, I go to sleep in peace; you atone, O  
Lorr'

keep me perfectly safe."

Psalms 4:8

Prayer:

Eternal father I know that you alone give salvation and that I am chosen by you before I was shaped in my mother's womb. You have visited my life and have covered me with your mercy, so that I can complete the purpose you have given me here on this earth. You have chosen me as a prophet among nations to complete your agenda of publicizing the good news of your word. I am under a convenient of grace with you ares you anoint my mouth with good, mercy and grace. I will see your supernatural manifestation and what you have declared for me and for my family, because I know that I was born to triumph. 1

Today I can rest and declare that:

- Never again will I live with fear because I'm completely confident in the God of my salvation.
- Never again will I accept sadness because the joy of the Lord is my strength.
- Never again will I live with pain because God's great forgiveness is in my heart.

- Never again will I live for sin because I'm in convenient with you.

- Never again will I be tormented because your breath of grace gives me complete rest.

- Never again will I be insecure because God choose me and I

was born to triumph.

Now in the name of our Lord Jesus Christ I am lifted up in

faith, power and victory to establish what God had said over my life. I can rest in peace; my soul is impacted by God. The angels of God Almighty protect my room. I will ^not fear the terror of the night because I am completely . 'under the mantel of God. Toady starts in me the activation of revelation and wisdom because they flow with power and glory in my mouth from now on and forever.

## Meditation

Happy are those who reject the advice of evil people, who do

not follow the example of sinners or join those who have no use

for God. Instead they find joy in obeying the law of the Lord,

and they study it day and night They are like trees that groJft

beside a stream, that bear fruit at the right time, and whose

leaves do not dry up. They succeed in everything they do/

Psalms 1:1

"I look to the mountains; where will my help come from?

My

help will come from the Lord, who made heaven and earth. He

will not let you fall; your protector is always awake. The protector of Israel never dozes or sleeps. The Lord will guard

you; he is by your side to protect you. The sun will not hurt you

during the day, npr the moon during the night. The Lord will

protect you from all danger; he will keep you safe. He will protect you as you come and go now and forever."